

First Presbyterian Child Development Center Weekly Newsletter



In tune with the First Presbyterian Child Development Center

It is amazing that we are already past the first week of school. All of our Pre-K children are settling in and learning new routines. We have several new or returning toddlers and infants, many of them have moved up to a different classroom with different teachers. Everyone on the staff works lovingly with your children helping them adjust and feel safe. Thank you for choosing First Presbyterian CDC for your child's home away from home.

All About Me

The theme in all of our classes has been and will continue to be this week "All About Me". This theme promotes self awareness of oneself, but also encourage learning about difference and acceptance of those differences. Focusing on the individual child is a "specialty" at FPCDC. We will focus on the seven "C's"

1. Conversation

Preschoolers typically like to talk, but not always to each other. At 3 and 4 years old, children should be practicing the skills of conversation: talking in turn, staying on topic, and even reading other people's emotions and facial expressions. If your child is shy, he may require some extra time to gain this skill.

2. Cooperation

Cooperation involves a lot more than just sharing, which is good because even by the end of preschool, children are still sharing more grudgingly

than gracefully. Cooperation is also the ability to get along with others. Since the ability to cooperate with others improves both with age and practice, making sure your child has opportunities to play with groups of peers is key in helping to build cooperative skills.

3. Conflict Resolution

A preschooler's mind is not entirely logical, and at this stage, kids are not typically great at solving problems. Once they have learned to "use their words" to express their frustration, the hitting typically stops.

4. Communication

One of the most noticeable social skills your child will gain during the preschool years is the ability to communicate more clearly.

5. Confidence

Most preschoolers are all about being independent and trying to do things themselves. While sometimes that push for independence feels very strong, more often it's a way to build self-esteem and confidence. Feeling good about her abilities and herself is a social skill that will serve your child well for life.

6. Self-Control

Learning self-control is an ongoing skill, but it begins when your child is of preschool age. As your child's ability to understand cause and effect becomes more fine-tuned and his ability to control his emotions increases, his need to bite usually decreases.

7. Curiosity

Curiosity is a skill to celebrate. It's what allows your child to explore the world, ask questions and draw conclusions. Encouraging this skill by planning activities that engage him will give him a leg up when it comes to formal learning.

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