

Gobble, Gobble, Gobble Thanksgiving is almost here!



Your Weekly News & Updates

As we get ready to celebrate Thanksgiving at FPCDC we want to remember:

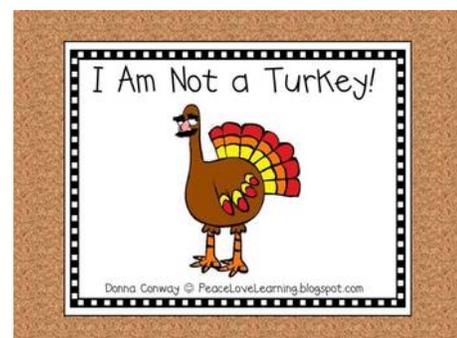
Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.

Henry Van Dyke

Turkey in Disguise Project

Your child has a very important project. We must disguise our turkey so he doesn't get eaten for Thanksgiving! You may disguise him with any supplies you choose. This is a great family activity so get everyone involved.

When your child returns the Turkey in Disguise we will display them around the CDC halls. You can't find your Thanksgiving meal here!!!! All of our turkeys will be very



neatly and sneakily disguised!

Please return the turkey no later than Friday, November 13.
We need to let them hide before thanksgiving!

- Remember "Kids Night Out" is this Friday night, November 13. Alli Thompson needs to know by Wednesday, November 11 if your child or children will be coming. There is a craft project and supplies need to be ordered.

Remember the days are growing shorter and it is so much darker when the children are leaving our center. Once you have checked your child out of the classroom, you are responsible for their safety. Please be sure they do not run out into the parking lot. I know all of our parents are very cautious about driving around back, but sometimes grandparents or other relatives are not as familiar with the parking lot. Please caution the children not run down the hall ahead of you and certainly not to leave the building.

Holding hands is a great idea for little ones. Also siblings and older children do need to stay with you when you are coming into the building, but remember they cannot enter our infant classes.

One of the most important things to remember is that once the child is checked out of the classroom then you are responsible for their safety.

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- Did Thanksgiving Officially Begin With The Pilgrims?

It sure didn't. Thanksgiving only became a public holiday in 1863, when president Lincoln declared it so.

- How Many Turkeys Are Consumed On Thanksgiving?

An estimated 46 million turkeys are eaten on Thanksgiving (the birds weigh, on average, 16 pounds). That is more than double the amount eaten on Christmas (22 million) and Easter (19 million). In 2010, more than 244 million turkeys were raised and about 226 million of those were consumed in the United States.

- How Did The Pilgrims Make Their Green Bean Casserole?

They didn't. Green bean casserole came into being just 50 some years ago and was created by Campbell's soup. It came about when the company was making new recipes for its annual cookbook. Now, Campbells sells about \$20 million worth of cream of mushroom soup, most likely for people to make the casserole.

- Does Turkey Really Make Us Sleepy?

Not really. Trytophan does make us tired and it is in turkey. But more of it can be found in soybeans, parmesan and pork. So what is to blame for the post-meal coma? Well, it could be the quantity of food over-consumed. The huge serving of dessert could have an effect. Or it could be the amount of booze drunk midday.

- What Is The Relationship Between Frozen T.V. Dinners And Thanksgiving?

Apparently, part of the reason that Swanson started creating T.V. dinners in 1953 was because it needed to find something to do with the massive amount of leftover frozen Thanksgiving turkeys.

- Of The Three Utensils We Use To Eat (Fork, Spoon & Knife) Which Was Not Present At The First Thanksgiving Feast?

The fork. What did they use to eat their meal with? A knife, a spoon and their fingers. The fork was not brought by the pilgrims. Governor Winthrop of Massachusetts introduced it 10 years later, but it did not really catch on until the 18th century.

- Was There Turkey At The First Thanksgiving?

There is no evidence that turkey was eaten at the first Thanksgiving, a three-day meal shared between the pilgrims and Wamponoag tribe in 1621. It is more likely that they ate venison and a lot of seafood.

Today, though, we sure eat a lot of turkey. According to a study done by the National Turkey Association, Americans ate 690 millionpounds of turkey during Thanksgiving 2007. That is equal to the weight of the entire population of

Singapore.

- Have Turkey, Stuffing And Football Always Gone Hand In Hand?

Not quite. It all started in 1934, when the Detroit Lions was bought by G.A. Richards. Trying to build up the fan base for the team, he scheduled a game for Thanksgiving Day to play the Chicago Bears, who at the time were world champions. The game sold out and was broadcasted live on radio. And with that huge success, the tradition began. Since then, the Detroit Lions have played 67 Thanksgiving games!

- Did Fresh Cranberry Sauce Accompany The Meal At The First Thanksgiving?

The first Thanksgiving most likely did not involve cranberry sauce. While there was a plethora of cranberries for the Pilgrims to feast on (being one of the few fruits native to North America), sugar was a luxury and was reportedly scarce at the time. Unrelated tidbit: The cranberry used to be called the Crane Berry, since it's flowering fruit bears resemblance to the bird.

- How Did The Macy's Thanksgiving Day Parade Begin?

The Macy's Thanksgiving Day parade began in 1924 with 400 employees marching off from Convent Avenue and 145th Street in New York City. During this time the parade was accompanied not with the over sized balloons of our favorite cartoon characters, but with live animals borrowed from the Central Park Zoo -- from camels to elephants.

And I have one more share this week:

Proclamation of Thanksgiving

October 20, 1864

By the President of the United States of America:

A Proclamation.

It has pleased Almighty God to prolong our national life another year, defending us with his guardian care against unfriendly designs from abroad, and vouchsafing to us in His mercy many and signal victories over the enemy, who is of our own household. It has also pleased our Heavenly Father to favor as well our citizens in their homes as our soldiers in their camps and our sailors on

the rivers and seas with unusual health. He has largely augmented our free population by emancipation and by immigration, while he has opened to us new sources of wealth, and has crowned the labor of our working men in every department of industry with abundant rewards. Moreover, He has been pleased to animate and inspire our minds and hearts with fortitude, courage and resolution sufficient for the great trial of civil war into which we have been brought by our adherence as a nation to the cause of Freedom and Humanity, and to afford to us reasonable hopes of an ultimate and happy deliverance from all our dangers and afflictions.

Now, therefore, I, Abraham Lincoln, President of the United States, do, hereby, appoint and set apart the last Thursday in November next as a day, which I desire to be observed by all my fellow-citizens wherever they may then be as a day of Thanksgiving and Praise to Almighty God the beneficent Creator and Ruler of the Universe. And I do farther recommend to my fellow-citizens aforesaid that on that occasion they do reverently humble themselves in the dust and from thence offer up penitent and fervent prayers and supplications to the Great Disposer of events for a return of the inestimable blessings of Peace, Union and Harmony throughout the land, which it has pleased him to assign as a dwelling place for ourselves and for our posterity throughout all generations.

In testimony whereof, I have hereunto set my hand and caused the seal of the United States to be affixed.

Done at the city of Washington this twentieth day of October, in the year of our Lord one thousand eight hundred and sixty four, and, of the Independence of the United States the eighty-ninth. ABRAHAM LINCOLN

By the President:

WILLIAM H SEWARD Secretary of State.

