



November 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Water is served daily.	Juice is offered on a limited basis.		1 Breakfast: Yogurt w/ mixed berries, Milk Lunch: Cheese Quesadilla, carrot sticks w/ ranch, tropical fruit, Milk Snack: Crackers, cream cheese	2 Breakfast: Cereal, Milk Lunch: BBQ Chicken slider, tater tots, fruit, milk Snack: Chips, cheese sauce
5 Breakfast: Bagels w/cream cheese, Milk Lunch: Mac & Cheese, butter beans, fruit, Milk Snack: Crackers, pepperoni slices	6 Breakfast: Cheese grits, Milk Lunch: Hamburgers, salad, fruit, milk Snack: Cheese Cubes w/ sliced apples	7 Breakfast: Yogurt, Fruit, Milk Lunch: Pepperoni pizza, carrot sticks, apples slices, Milk Snack: Graham crackers, milk	8 Breakfast: French Toast, Milk Lunch: Chicken Alfredo, Green Beans, Mandarin oranges, 1/2 sliced bread, milk Snack: Chips w/ Salsa	9 Breakfast: English Muffin w/jelly, Milk Lunch: Chicken Sandwich, Broccoli & cheese, oranges, Milk Snack: Apple Slices, pretzels or cheerios
12 Breakfast: Yogurt, Fresh Fruit, Milk Lunch: Chicken and Rice, peas, apples, Milk Snack: Crackers, Sliced Cheese	13 Breakfast: Whole Wheat Toast, Sausage, Milk Lunch: Grilled Cheese, tomato soup, fruit, milk Snack: Cheesy breadstick, Marinara sauce	14 Breakfast: Cheese Grits, Milk Lunch: Fish sticks, fries, fruit, milk Snack: Animal crackers and fruit	15 Breakfast: Scrambled eggs, Milk Lunch: Cheese Pizza, Carrot Sticks w/ranch, Fruit, Milk Snack: Banana pudding	16 Breakfast: Cereal, Milk Lunch: Thanksgiving Feast- join us for lunch, check w/teacher for time. Snack: Townhouse crackers, fresh fruit
19 Breakfast: English muffins, jelly and Milk Lunch: Spaghetti w/ meat sauce, Tropical fruit, Green beans, Milk Snack: Yogurt w/ fruit,	20 Breakfast: Bagel, cream cheese, Milk Lunch: Chicken Nuggets, French Fries, Fresh Fruit, Milk Snack: Ritz crackers, Cheese Sticks	21 Breakfast: Pancake w/ syrup, Milk Lunch: Mac & Cheese, Peas & Carrots, Fruit, Milk Snack: Chips w/ Salsa	22 CDC CLOSED THANKSGIVING HOLIDAY	23 CDC CLOSED THANKSGIVING HOLIDAY
26 Breakfast: Cereal w/ milk Lunch: Meatloaf, Mashed Potatoes, Green Beans, fruit, Milk Snack: Pretzels, Apple Slices	27 Breakfast: Grits w/ cheese, Milk Lunch: BBQ Chicken Slider, Coleslaw, Fresh Fruit, Milk Snack: Crackers, cheese slices	28 Breakfast: Yogurt, Fresh fruit, Milk Lunch: Grilled Cheese, Tomato Soup, Apple, Milk Snack: Animal Crackers, milk	29 Breakfast: Eggs, Milk Lunch: Tuna noodle casserole, peas, fruit, Milk Snack: Vanilla wafers w/ Wow butter (nut free)	30 Breakfast: Biscuit, sausage, Milk Lunch: Steak fingers w/ gravy, mashed potatoes, Green beans, Milk Snack: Graham Crackers, vanilla pudding,

