





# January 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31 CDC closed</b> 	<b>1 NEW YEARS DAY CDC CLOSED</b>	<b>2 Breakfast:</b> Grits w/cheese, milk <b>Lunch:</b> Steak fingers, french-fries, pears <b>Snack:</b> Cheese cubes, diced pears	<b>3 Breakfast:</b> French toast, Sausage, Milk <b>Lunch:</b> Chicken Alfredo, Green Beans, sliced oranges, ½ sliced bread <b>Snack:</b> Animal crackers, milk	<b>4 Breakfast:</b> Cereal, milk <b>Lunch:</b> Ham/cheese wraps, carrots/ranch (Steamed under 2 years old), apple, Milk <b>Snack:</b> Townhouse crackers, fruit
<b>7 Breakfast:</b> Scrambled Eggs, Sausage, Milk <b>Lunch:</b> Mac & Cheese, peas, carrots, fruit, Milk <b>Snack:</b> pretzels & apples	<b>8 Breakfast:</b> Oatmeal, diced apples, Milk <b>Lunch:</b> Chicken nuggets, baked beans, bananas, Milk <b>Snack:</b> Cheese Cubes w/ sliced apples	<b>9 Breakfast:</b> Bagels w/cream cheese, Milk <b>Lunch:</b> Pepperoni pizza, carrot sticks, apples, Milk <b>Snack:</b> Shortbread cookie, bananas	<b>10 Breakfast:</b> Yogurt w/mixed berries, milk <b>Lunch:</b> Chicken and Rice, green beans, pears, milk <b>Snack:</b> Graham crackers, milk	<b>11 Breakfast:</b> English Muffin w/jelly, Milk <b>Lunch:</b> Grilled Cheese, Chicken Noodle soup, apples, Milk <b>Snack:</b> crackers & pepperoni
<b>14 Breakfast:</b> Scrambled Eggs, Toast, Milk <b>Lunch:</b> Chicken and rice casserole, steamed broccoli, orange, milk <b>Snack:</b> pretzels & apples	<b>15 Breakfast:</b> Grits w/cheese, milk <b>Lunch:</b> Steak fingers, french-fries, corn, milk <b>Snack:</b> Banana, graham crackers	<b>16 Breakfast:</b> biscuits w/sausage, Milk <b>Lunch:</b> Chicken nuggets, fresh salad, Banana <b>Snack:</b> pretzels & apples	<b>17 Breakfast:</b> Pancakes, Sausage, Milk <b>Lunch:</b> turkey & cheese rollups, carrot sticks, sliced oranges, milk <b>Snack:</b> Animal crackers, milk	<b>18 Breakfast:</b> Cereal, milk <b>Lunch:</b> Fish sticks, fries, apple, Milk <b>Snack:</b> Townhouse crackers, fresh fruit
<b>21 MLK holiday</b>  <b>CDC Closed</b>	<b>22 Breakfast:</b> Biscuits w/gravy, Milk <b>Lunch:</b> Tacos, lettuce, diced tomatoes, shredded cheese, corn, Milk <b>Snack:</b> crackers, Cheese slices	<b>23 Breakfast:</b> Toast w/jelly, sausage patty, Milk <b>Lunch:</b> Mac & Cheese, Peas & Carrots, fruit, milk <b>Snack:</b> Shortbread cookie, banana	<b>24 Breakfast:</b> Yogurt w/mixed berries, milk <b>Lunch:</b> Spaghetti w/ meat sauce, fruit, Green beans, Milk <b>Snack:</b> Graham crackers, milk	<b>25 Breakfast:</b> Oatmeal, sliced peaches, Milk <b>Lunch:</b> Turkey and cheese roll up, carrot sticks, pears, milk <b>Snack:</b> Cheese nips, juice
<b>28 Breakfast:</b> Cereal, Fresh Fruit, Milk <b>Lunch:</b> Chicken nuggets, peas, apples, Milk <b>Snack:</b> Crackers, Sliced Cheese	<b>29 Breakfast:</b> Grits w/cheese, Milk <b>Lunch:</b> Pepperoni Pizza, carrot sticks, orange slices, Milk <b>Snack:</b> animal crackers w/fruit	<b>30 Breakfast:</b> Biscuits w/sausage, Milk <b>Lunch:</b> Grilled Cheese, Tomato Soup, pears, Milk <b>Snack:</b> Pepperoni, apple slices	<b>31 Breakfast:</b> Oatmeal, ½ banana, milk <b>Lunch:</b> Fish sticks, peas/carrots, peaches, milk <b>Snack:</b> Sliced Oranges, crackers	