



February 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast: Waffles, milk Lunch: Chicken Alfredo, Green Beans, fruit, Milk Snack: Crackers, Pepperoni
4 Breakfast: Scrambled Eggs, Wheat Toast, Milk Lunch: Mac & Cheese, peas, carrots, fruit, Milk Snack: Pretzels & Apples	5 Breakfast: Biscuit w/gravy, Milk Lunch: Chicken nuggets, fries, bananas, Milk Snack: Cheese Cubes, Apple slices	6 Breakfast: Oatmeal, Diced Apples, Milk Lunch: Pepperoni pizza, Salad, carrot sticks, Milk Snack: Vanilla wafers w/bananas	7 Breakfast: Yogurt w/mixed berries, milk Lunch: Chicken and Rice, green beans, pears, milk Snack: Graham crackers, milk	8 Breakfast: English Muffin w/jelly, Milk Lunch: Grilled Cheese, Tomato soup, peaches, Milk Snack: Townhouse crackers, fresh fruit
11 Breakfast: Cereal, Fresh Fruit, Milk Lunch: Fish nuggets, peas & carrots, apples, Milk Snack: Crackers, Sliced Cheese	12 Breakfast: Grits w/cheese, milk Lunch: Tacos, lettuce, diced tomatoes, shredded cheese, corn, banana, Milk Snack: Shortbread cookies, milk	13 Breakfast: biscuits w/sausage, Milk Lunch: Chicken nuggets, Fries, Banana, milk Snack: Pretzels & apples	14 Breakfast: Pancakes, Sausage, Milk Lunch: turkey & cheese rollups , Green Beans, sliced oranges, Snack: Animal crackers, milk <i>HAPPY VALENTINES DAY!</i>	15 Breakfast: Oatmeal, Banana, milk Lunch: Steak fingers, mashed potatoes, fruit, milk Snack: Crackers & pepperoni
18 Breakfast: Scrambled Eggs, Sausage, Milk Lunch: Chicken and rice casserole, broccoli, orange, milk Snack: Pretzels & apples	19 Breakfast: Cheese Toast, Milk Lunch: Hamburgers, french-fries, corn Snack: Crackers, Cheese slices	20 Breakfast: Bagels w/cream cheese, Milk Lunch: Mac & Cheese, Peas & Carrots, fruit, milk Snack: Vanilla wafers w/bananas	21 Breakfast: Yogurt w/mixed berries, milk Lunch: Spaghetti w/ meat sauce, Green beans, fruit, Milk Snack: Graham crackers, milk	22 Breakfast: English muffin w/jelly, Milk Lunch: Turkey and cheese roll up, carrot sticks, pears, milk Snack: Cheese & crackers
25 Breakfast: Cereal, Fresh Fruit, Milk Lunch: Chicken nuggets, fries, apples, Milk Snack: Crackers, Sliced Cheese	26 Breakfast: Grits w/cheese, Milk Lunch: Pepperoni pizza, carrot sticks, orange slices, Milk Snack: Animal crackers w/fruit	27 Breakfast: Biscuits w/sausage, Milk Lunch: Grilled Cheese, Tomato Soup, pears, Milk Snack: Shortbread cookies, milk	28 Breakfast: Eggs, Wheat Toast, Milk Lunch: Meatloaf, green beans, mashed potatoes, milk Snack: Pretzels, cheese cubes	