



# SEPTEMBER 2019



**\*Menu Subject to Change due to Delivery\***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>LABOR DAY</b> <b>CDC CLOSED</b>	<b>3 Breakfast:</b> Yogurt, Berries, Milk <b>Lunch:</b> Chicken and Rice, Peas & Carrots, Fruit, Milk <b>Snack:</b> Pretzels & Apple Slices	<b>4 Breakfast:</b> Cereal, Milk <b>Lunch:</b> Chicken Alfredo, Green Beans, Mandarin Oranges, Garlic Bread, Milk <b>Snack:</b> Crackers & Cheese Slices	<b>5 Breakfast:</b> Biscuits with Gravy, Milk <b>Lunch:</b> Ravioli, Steamed Broccoli, Fruit, Milk <b>Snack:</b> Bananas, Cheerios	<b>6 Breakfast: MUFFINS w/Grandparents,</b> Fruit, Milk <b>Lunch:</b> Chicken & Cheese quesadilla, Mexican Rice, Applesauce, Milk <b>Snack:</b> Chips & Salsa (Infants & Crawlers will have Graham Crackers & Fruit)
<b>9 Breakfast:</b> French toast sticks, Milk <b>Lunch:</b> Tatertot Casserole with Ground Hamburger, Steamed Broccoli, Fruit, Milk <b>Snack:</b> Goldfish & Fruit	<b>10 Breakfast:</b> Bagels with Cream Cheese, Milk <b>Lunch:</b> BBQ Chicken Sliders, Baked Beans, Fruit, Milk <b>Snack:</b> Yogurt & Granola	<b>11 Breakfast:</b> Pancakes with Sausage, Milk <b>Lunch:</b> Steak fingers, Mashed Potatoes, Green Beans, Milk <b>Snack:</b> Fruit Bars & Cheese Cubes	<b>12 Breakfast:</b> Cinnamon Toast, Milk <b>Lunch:</b> Hamburger Sliders, Multigrain Chips, Fruit, Milk <b>Snack:</b> Graham Crackers & Fruit	<b>13 Breakfast:</b> Cheese Grits, Milk <b>Lunch:</b> Chicken Fingers, French Fries, Fruit, Milk <b>Snack:</b> Cheese Its & Fruit
<b>16 Breakfast:</b> Berry Muffins, Milk <b>Lunch:</b> Spaghetti w/ meat sauce, Salad, Green beans, Garlic Bread, Milk <b>Snack:</b> Rice Krispy Treats, Fruit	<b>17 Breakfast:</b> Grits w/cheese, Milk <b>Lunch:</b> Fish Nuggets, Mashed Potatoes, Fruit, Milk <b>Snack:</b> Vanilla Wafers & Banana Pudding	<b>18 Breakfast:</b> Yogurt, Berries, Milk <b>Lunch:</b> Grilled Cheese, French Fries, Fruit, Milk <b>Snack:</b> Pretzels & Apple Slices	<b>19 Breakfast:</b> Scrambled Eggs, Milk <b>Lunch:</b> Tacos, Lettuce, Diced Tomatoes, Shredded Cheese, Mexican Rice, Milk <b>Snack:</b> Banana with Wow Butter Roll Up, Milk	<b>20 Breakfast:</b> Cereal, Milk <b>Lunch:</b> Mac & Cheese with Ham, Peas & Carrots, Fruit, Milk <b>Snack:</b> Cheese Sticks & Marinara Sauce
<b>23 Breakfast:</b> Biscuits with Gravy, Milk <b>Lunch:</b> Chicken & Rice, Peas & Carrots, Fruit, Milk <b>Snack:</b> Chex Mix & Fruit	<b>24 Breakfast:</b> French toast sticks, Milk <b>Lunch:</b> Chicken Alfredo, Green Beans, Mandarin Oranges, Garlic Bread, Milk <b>Snack:</b> Fruit Loops & Milk	<b>25 Breakfast:</b> Cheese Grits, Milk <b>Lunch:</b> Ravioli, Steamed Broccoli, Fruit, Milk <b>Snack:</b> Animal Crackers & Bananas	<b>26 Breakfast:</b> Pancakes with Sausage, Milk <b>Lunch:</b> BBQ Chicken Sliders, Baked Beans, Fruit, Milk <b>Snack:</b> Jello with Fruit & Graham Crackers	<b>27 Breakfast:</b> English muffins w/butter & jelly, Milk <b>Lunch:</b> Tatertot Casserole with Ground Hamburger, Roasted Zucchini, Fruit, Milk <b>Snack:</b> Chips & Salsa (Infants & Crawlers will have Graham Crackers & Fruit)
<b>30 Breakfast:</b> Cinnamon Toast, Milk <b>Lunch:</b> Chicken & Cheese Quesadilla, Mexican Rice, Applesauce, Milk <b>Snack:</b> Yogurt & Granola				

