



# January 2021

Menu Subject to Change due to Delivery

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <b>New Years Day</b>
<b>4 Breakfast:</b> Breakfast Bar Orange Slices & Milk <b>Lunch:</b> BBQ Chicken Mash Potatoes, Broccoli, fruit, milk <b>Snack:</b> Cheese-its & Pears	<b>5 Breakfast:</b> Banana Oatmeal & Milk <b>Lunch:</b> Chefs Choice of Protein w/ gravy ,rice, peas, fruit & milk <b>Snack:</b> Yogurt & Graham Crackers	<b>6 Breakfast:</b> English Muffin w/cream cheese, Milk <b>Lunch:</b> Baked Mac & cheese, Green Beans Fruit & Milk, <b>Snack:</b> Strawberries & Teddy Grahams	<b>7 Breakfast:</b> Eggs with Jelly Toast & milk <b>Lunch:</b> Grilled Cheese, Baked Beans fruit & milk <b>Snack:</b> Banana Bread & milk	<b>8 Breakfast:</b> Cereal & milk <b>Lunch:</b> Chicken Fingers & French Fries, fruit & Milk <b>Snack:</b> Chefs Choice of snack
<b>11 Breakfast:</b> Cinnamon Raisin Toast, peaches & Milk <b>Lunch:</b> Chicken Quesadilla w/ Chips & Salsa, fruit & milk <b>Snack:</b> Yogurt & Graham crackers	<b>12 Breakfast:</b> Grits & Sausage & Milk <b>Lunch:</b> : Spaghetti & Broccoli, Fruit & Milk <b>Snack:</b> Mandarin Oranges Wheat Thins	<b>13 Breakfast:</b> Hash Browns & Eggs & Milk <b>Lunch:</b> Ham & Cheese Sliders w/ French Fries fruit, Milk <b>Snack:</b> Pretzels & Apple slices	<b>14 Breakfast:</b> French Toast Stick w/ Strawberries, Milk <b>Lunch:</b> Sweet & Sour Meatballs w/ Corn Casserole, fruit, milk <b>Snack:</b> Banana &Vanilla wafers	<b>15 Breakfast:</b> Croissant & Banana, Milk <b>Lunch:</b> Pizza with Salad, fruit, Milk <b>Snack:</b> Rice Cake w/ Cream Cheese
<b>18</b>  <b>MLK Holiday</b>	<b>19 Breakfast:</b> Waffles & Blueberries, milk <b>Lunch:</b> Butter Spaghetti w/Parmesan cheese, veggies, fruit, milk <b>Snack:</b> Chefs Choice of snack	<b>20 Breakfast:</b> Biscuits & Eggs, Milk <b>Lunch:</b> Grilled Cheese, baked bean, fruit, milk <b>Snack:</b> Granola & Yogurt	<b>21 Breakfast:</b> Mixed Berry Muffins, Milk <b>Lunch:</b> Chili w/Rice & Cornbread, Fruit, milk <b>Snack:</b> Wheat thins & Cheese	<b>22 Breakfast:</b> Cereal & milk <b>Lunch:</b> Chicken fingers & French fries, fruit, milk <b>Snack:</b> Peaches & Ritz crackers
<b>25 Breakfast:</b> Cereal & milk <b>Lunch:</b> Maple-Glazed Chicken Sweet potatoes, Green beans, fruit, Milk <b>Snack:</b> Yogurt & Graham crackers	<b>26 Breakfast Snack:</b> Waffles, milk <b>Lunch:</b> Turkey and cheese roll up, carrot sticks, pears, milk <b>Snack:</b> Crackers, Cheese	<b>27 Breakfast:</b> English Muffins w/ cream cheese <b>Lunch:</b> Chicken Fried Rice w/ veggies, fruit, milk <b>Snack:</b> Peaches & Ritz crackers	<b>28 Breakfast:</b> Eggs w/ Jelly Toast <b>Lunch:</b> Ham & Cheese Sliders w/French fries <b>Snack:</b> Pretzels & Apple slices	<b>29 Breakfast:</b> Breakfast Bar, orange slices, milk <b>Lunch:</b> Pizza w/Salad, fruit, milk <b>Snack:</b> Banana Bread & Milk