



OCTOBER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. Cheese Omelet and Sausage and Milk
				Baked Ziti, Veggies, Fruit, and Milk
				Pepperoni and Crackers
4. Cereal and Milk	5. Muffins and Milk	6. Bagels and Cream Cheese and Milk	7. Pancakes and Sausage and Milk	8. Fruit Yogurt and Milk
Mac and Cheese, Mixed Veggies, Fruit and Milk	BLT Sliders, Carrot Sticks, Fruit and Milk	Pizza, Salad(Veggies for L1, L2, and L3 and R4) Fruit and Milk	Chicken Alfredo, Green Beans, Fruit and Milk	Spaghetti, Salad, Fruit and Milk
Bagels and Cream Cheese	Cookies and Milk	Apple Sauce and Graham Crackers	Rice Krispies and Milk	Cheese and Crackers
11. CLOSED	12. Biscuit and Gravy	13. English Muffin, Sausage and Milk	14. French Toast and Milk	15. Bagels and Cream Cheese and Milk
	Salisbury Steak W/ Gravy, Rice, Veggie and Milk	Turkey and Cheese Wraps, Carrots Sticks, Fruit and Milk	Chicken Tenders, Salad, Fruit and Milk	Chili, Corn, Muffins and Fruit and Milk
	Pudding and Grahams Crackers	Cheese and Pepperoni	Yogurt and Animal Crackers	Crackers and Cream Cheese
18. Cereal and Milk	19. Waffles and Milk	20. Breakfast Bar and Milk	21. Fruit Yogurt and Milk	22. Grits W/Cheese and Milk
Baked Ziti, Veggie, Fruit and Milk	Chicken and Cheese Quesadilla, Veggie, Fruit and Milk	Ham and Cheese Wraps, Carrot Sticks, Fruit and Milk	Steak Fingers, Potatoes, Fruit and Milk	BLT Sliders, Carrot Sticks, Fruit and Milk
Cheese and Fruit	Pudding and Crackers	String Cheese and Crackers	Rice Krispies and Bananas	Crackers and Pepperoni
25. Cheese Omelet and Milk	26. Muffins and Milk	27. Sausage Biscuits and Milk	28. Bagels and Cream Cheese and Milk	29. Cereal and Milk
Mac and Cheese, Veggie, Fruit and Milk	Tacos, Lettuce, Tomatoes, Cheese, Salsa, Sour Cream, Corn, Fruit and Milk	Chicken Tenders, Tator Tots, Fruit and Milk	Homemade Veggie Soup, Turkey Roll up, Fruit and Milk	Pizza, Salad,(Veggies for L1,L2,L3 and R4) Fruit and Milk
Crackers and Fruit	Yogurt and Crackers	Bars and Milk	Gelatin and Crackers	Rice Krispies and Bananas